CLAIMS

What is claimed is:

5	1.	A method of forming an epitaxial film on a substrate, comprising the steps of:
		(a) growing an initial layer of a film on a substrate at a temperature
		T_{growth} , said initial layer having a thickness h ;
		(b) annealing the initial layer of the film at a temperature T_{anneal} ,
		thereby substantially completely relaxing the initial layer.
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	2.	The method of Claim 1 further including growing additional layers of the
		film over the initial layer subsequent to annealing.
	3.	The method of Claim 1 wherein said thickness h of the initial layer of the
15		film is greater than a critical thickness h_c .
	4.	The method of Claim 1 wherein h between about 1 and about 5
		monolayers.
20	5.	The method of Claim 1 wherein T_{growth} is about equal to T_{anneal} .
	6.	The method of Claim 1 wherein T is less than T
	0.	The method of Claim 1 wherein T_{growth} is less than T_{anneal} .
	7.	The method of Claim 1 wherein growth of the initial layer includes two-
25		dimensional growth.
	8.	The method of Claim 1 wherein the substrate includes Si(100) and the
		film includes TiN.

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- 9. The method of Claim 1 wherein the substrate includes Si(111) and the film includes at least one III-nitride selected from the group consisting of AlN, GaInN, and AlGaInN.
- 5 10. The method of Claim 9 wherein the film includes AlN.
 - 11. The method of Claim 1 wherein the substrate includes Al₂O₃(0001) and wherein the film includes at least one member selected from the group consisting of ZnO, AlN, GaInN, and AlGaInN.
 - 12. The method of Claim 11 wherein the film includes ZnO.
 - 13. The method of Claim 2 further including the step of growing a layer of the film that includes at least one amorphous area.
 - 14. The method of Claim 14 wherein at least one amorphous area includes Si.
 - 15. The method of Claim 14 wherein at least one area of amorphous growth includes silicone nitride or silicone oxide.